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ABSTRACT
Any real-time interactive video coding algorithm used over the Internet needs to be able to cope with packet loss, since the existing error recovery mechanisms are not suitable for real-time data. In this paper, a robust H.263+ video codec suitable for real-time interactive and multicast Internet applications is proposed. Initially, the robustness to packet loss of H.263 video packetised according to the RTP-H.263+ payload format specifications is assessed. Two techniques are proposed to minimise temporal propagation - selective FEC of the motion information and the use of Periodic Reference frames. It is shown that when these two techniques are combined, the robustness to loss of H.263+ video is greatly improved.

1. INTRODUCTION
The transmission of real-time video over the Internet is becoming increasingly desirable for videoconferencing, distance learning and other applications. The Internet was designed mainly for non-time critical data, and is ill-suited for the transmission of time-critical data such as interactive video. Packets can be lost or dropped when intermediate links or routers become congested due to excess traffic. Reliable transport protocols like TCP/IP recover from loss by using acknowledgements and retransmissions. However, the resulting latency is generally too large for real-time interactive applications, where late packets are effectively lost. As a result, real-time multimedia applications typically use UDP/IP, which provides an unreliable packet delivery service. The Real-time Transport Protocol (RTP) [1] was defined to enable real-time multimedia applications over the Internet. A payload format for H.263+ video has been defined for use with RTP [2]. The new payload format for H.263+ that has been specified can also be used with the original version of H.263. Video transmission over the Internet has received considerable attention recently. The most popular scheme for providing error-resilience in a packet video transport system is scalable or layered coding combined with some form of error correction. Selective FEC of the motion information and the use of periodic reference frames. Using periodic reference frames is shown to be more efficient and robust than periodic intraframe coding when used with FEC. These two algorithms are then combined, resulting in a very efficient robust video-coding scheme that provides graceful degradation as the packet loss rate increases.

Generally, Internet packet loss rates vary widely and losses may occur in bursts, i.e. a lost packet is more likely to be followed by another loss [7,8]. However, no simple method exists for modelling the typical loss patterns likely to be seen over the Internet since the loss depends on so many untractable factors. Therefore, in all the loss simulations presented in this paper, random loss patterns are used. This is believed to be the best solution since our test sequences are of short duration and burst losses can be modelled as very high random loss.

2. RTP-H263+ WITH PACKET LOSS
In order to transmit H.263+ video over the Internet, the H.263+ bitstream must be packetised according to the RTP-H.263+ payload format specification [2], and then transmitted as RTP packets. In addition to the RTP/UDP/IP headers, the RTP packetisation also generates a RTP-H.263+ payload header, which is normally 16 bits. To minimise packetisation overhead, each RTP packet should be as large as possible. To prevent IP fragmentation, the size of the packet must be kept below the maximum transmission unit (MTU) of the network, which is 1500 bytes for Ethernet. On the other hand, for maximum robustness to loss, packet size should be kept to a minimum.

In our experiments, the slice-structured mode was not used and packetisation was always performed at GOB boundaries, i.e. each RTP packet contains one or more complete GOBs. Since every packet begins with a picture or GOB start code, the leading 16 zeros are omitted in accordance with RFC 2429 [2]. The packetisation overhead then consists only of the RTP/UDP/IP headers, which is typically 40 bytes per packet. This overhead can be quite significant at low bit-rates.

The header overhead associated with using 1,3 and 9 GOBs/packet for QCIF images at 12.5 fps is given in Table 1. Results for one simulation with the foreman sequence (QCIF, 125 frames, 12.5 fps) coded at 62 kbps (excluding RTP/UDP/IP header overhead) with 10% random packet loss are shown in Fig 1. Only the first frame was intracoded. The RTP sequence number enables the decoder to detect lost packets, so that the
location of the missing GOBs is known. The missing blocks can then be concealed by using the motion vector of the MB immediately above the lost MB in the same frame or the motion vector is assumed to be zero if that MB is missing as well. As expected, the image quality degrades rapidly as the errors due to missing packets propagate from one frame to the next and the 1 GOB/packet scheme performs best, at the expense of increased header overhead. Other simulations seem to confirm that for plain H.263 video, the 1 GOB/packet approach provides the best trade-off between robustness to loss and packetisation overhead.

H.263, the correct decoding of the motion vectors play a crucial role in the proper reconstruction of the decoded video. This is especially true when considering the relatively small fraction of the total bit-rate occupied by the motion information, compared to the DCT coefficients and other side information. For example, for the Foreman sequence at 62 kbps, about 70% of the total bits is made up of the DCT coefficients whereas the motion vectors only take up 10% of the total. In order to increase the robustness to packet losses, we therefore propose to apply forward error correction across packets on the motion vector information only.

FEC can be very effective in this case since lost packets in effect result in packet erasures, as the positions of the lost packets are known. Efficient erasure codes such as the Reed-Solomon Erasure (RSE) correcting code have been developed and implemented in software [9]. With a RSE(n, k) code, k data packets are used to construct r parity packets, where r=n-k, resulting in a total of n packets to be transmitted. The k source packets can be reconstructed from any k packets out of the n transmitted packets. This provides for error-free decoding for up to r lost packets out of n. In order to use FEC, all the k data packets need to be of the same length. Since packets must contain entire GOBs and the size of a GOB is highly variable, padding is generally required, which results in an increase in redundancy.

Table 1. RTP/UDP/IP header for QCIF at 12.5 fps.

<table>
<thead>
<tr>
<th>No. of GOBs/packet</th>
<th>1</th>
<th>3</th>
<th>9</th>
</tr>
</thead>
<tbody>
<tr>
<td>Packetisation Overhead (kbps)</td>
<td>36</td>
<td>12</td>
<td>4</td>
</tr>
</tbody>
</table>

Table 2. Increase in rate of MV-FEC for foreman at 62 kbps.

<table>
<thead>
<tr>
<th>No. of parity packets</th>
<th>0</th>
<th>1</th>
<th>3</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bit-rate/kbps</td>
<td>62.64</td>
<td>64.31</td>
<td>67.65</td>
<td>72.65</td>
</tr>
<tr>
<td>(% increase)</td>
<td>(0%)</td>
<td>(2.7%)</td>
<td>(8%)</td>
<td>(16%)</td>
</tr>
</tbody>
</table>

Fig. 2. FEC of motion information across packets with r=2.

Fig. 3. Performance of MV-FEC.

In order to achieve a good trade-off between decoding delay and robustness to burst packet losses, the RSE code is applied across the packets of a single frame. This results in a RSE(n, k) where k is the number of data packets per frame. The motion information for each packet is contained in the COD and MVD bits of the H.263 bitstream. The RSE(n, k) encoding is therefore applied across these bits segments in each of the k packets, generating (n-k) parity bit segments. The length of the parity bit segments will be equal to the maximum length of the COD and MVD data segments among the k packets. When applying the RSE encoding, missing bits for shorter segments are assumed to be zero. The FEC data segments are then appended to the data packets of the following frame (Fig. 2), so that the number of packets per frame does not change. So, up to k parity packets (i.e. r=k) can be used by such a scheme, and if a data packet were to be lost, there would be an additional one frame delay at the decoder before the motion vectors could be recovered.
The increase in bit-rate resulting from the use of MV-FEC is detailed in Table 2. The average PSNR for the Foreman sequence at 62 kbps with 1 GOB/packet for different values of \( r \) and loss rates are shown in Fig. 3. FEC of the motion vectors considerably increases the robustness to loss at the expense of a very small increase in bit-rate. For example, with \( r=3 \), i.e. 3 parity packets, the degradation in PSNR caused by 10% packet loss is reduced by more than 6dB for only about 8% increase in rate.

4. PERIODIC REFERENCE FRAME

In all motion-compensated video-coding schemes, the most recent previously coded frame is generally used as reference for the temporal prediction of the current frame. The Reference Picture Selection (RPS) mode (annex N) of H.263+ enables the use of any previously coded frame as reference. Using any other frame than the most recent one reduces the compression efficiency, but can be beneficial in limiting error propagation in error-prone environments, as we will show next. A scheme referred to as Periodic RPS is used here, where every \( n \)th frame in a sequence is coded with the \( n \)th previous frame as reference. Such frames are known as periodic reference (PR) frames, and \( n \) is the frame period, which is the number of frames between PR frames. All the other frames are coded as usual, i.e. using the previous frame as reference (Fig. 4). This idea is similar to [10], but here we do not rely on retransmissions and the scheme is applied to a practical H.263+ codec. The advantage of PR frames is that if any errors in a PR frame can be corrected through the use of FEC before it is referenced by the next PR frame, then this will effectively limit the temporal error propagation. FEC can be used on the PR frames in a similar fashion as for the motion vectors by using the RSE code across packets. In this case as well, the RSE encoding is applied across the packets of a single frame. However, this time the generated parity data is transmitted as separate RTP packets.

The amount of loss that the Periodic RPS with FEC (PR-FEC) scheme can tolerate depends on the amount of FEC used. For a frame period of 10 for the Foreman sequence, the use of 4 parity packets \((r=4)\) results in a total bit-rate similar to that required for an intraframe every 10 frames. However, for the salesmen sequence, 4 parity packets results in less than half the equivalent increase in rate for periodic intraframe coding with the same PSNR (Fig. 5). Fig. 6 compares the robustness of PR-FEC and intraframe coding for Foreman at 62 kbps with 1 GOB/packet and a frame period of 10, i.e. for Periodic RPS, there is a PR frame every 10 frames, and for the intraframe coding, there is an intraframe every 10 frames. Results are shown for \( r=1, 3 \) and 6 parity packets for each PR frame. The amount of loss that the PR/FEC scheme can tolerate depends on the amount of FEC used. We observe that for low packet loss rates PR-FEC is more effective than intraframe coding in limiting temporal error propagation even with low values of \( r \). For higher loss rates, larger values of \( r \) are required, e.g. with \( r=6 \), PR-FEC is still more robust than the use of intraframes for up to 25% loss rates.

5. ROBUST RTP-H263+ VIDEO CODEC

The two proposed robust techniques - MV-FEC and PR-FEC - are now combined into a single codec. Most practical applications require some form of resynchronisation in some way or another, e.g. in videoconferencing when a receiver joins a session halfway through. So we also include resynchronisation in our robust codec in the form of periodic intra-MB replenishment. This is applied to the PR frames only where a number of MBs in each PR frame are intracoded. The following schemes at roughly the same bit-rates are compared:

- RTP-H.263+: H.263+ packetised with RTP.
- RTP-H.263+ with intraframe: Same as previous but with an intracoded frame every 10 frames.
- PR-MV-FEC: H.263+ packetised with RTP together with PR-FEC with frame period of 10 as well as MV-FEC. FEC with \( r \) parity packets used on both motion vectors and PR frames. 5 MB per PR frame are also intracoded.

The results for different packet loss rates are shown in Fig. 7(a) for Foreman at 62 kbps with 1 GOB/packet. RTP-H.263+ without intra replenishment performs best for error free conditions but degrades catastrophically with loss. The use of intra replenishment provides slightly better loss performance at the expense of decreased coding efficiency. Depending on the...
amount of FEC used, our robust scheme can provide better coding efficiency than intraframe replenishment as well as greater resilience to packet loss. The image quality degrades gracefully with loss rates and increasing the amount of FEC provides greater robustness at high loss rates with only a minimal effect on coding efficiency for low loss rates. Typical decoded images obtained for PR-MV-FEC with r=3 at 63 kbps with 10 and 20% random loss are shown in Fig. 8. Similar results were also obtained with 3 GOBs/packet (Fig. 7b), with the added advantage of a significant reduction in the RTP/UDP/IP header overhead.

The proposed robust coding scheme is fully compatible with the H.263+ standard and only requires minimal changes to the RTP specifications so that FEC packets and the amount of FEC used can be signalled to the decoder. In a typical multicast application, the scheme can be used in an adaptive fashion where the amount of FEC is varied at the encoder based on the loss rate received from RTCP reports.

6. SUMMARY

In this paper, we consider the robust transmission of H.263+ video over the Internet. We assume that there is no feedback channel, e.g. as in a multicast situation, and a strict end-to-end delay requirement, e.g. for a videoconferencing application. Two techniques, selective FEC of motion vectors and use of periodic reference frames, are described to minimise error propagation in H.263+ coded video. When these techniques are combined together, the robustness of H.263+ to packet loss is greatly improved. Simulation results show that acceptable image quality is still possible even with loss rates as high as 30%. The modified H.263+ codec has been implemented and integrated into the software videoconferencing tool vic, which can be used for real-time video multicast over the Internet.

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REFERENCES