RESEARCH ARTICLE

Pathophysiology of Hypoperfusion of the Precuneus in Early Alzheimer’s Disease
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INTRODUCTION

Blood flow and glucose utilization decline in the precuneus at a very early stage of Alzheimer’s disease (AD) (2, 6, 7, 13, 28, 30, 53). Reduction in cerebral blood flow precedes the development of dementia in AD (52) and occurs well before any behavioral or pathological abnormalities in animal models of the disease (24, 39). We still have only a limited understanding of the pathogenesis.

Cerebrovascular abnormalities are common in AD (26), up to 60% of patients having ischaemic WM damage (9, 10, 17, 26) and over 90% having cerebral amyloid angiopathy (CAA) (16, 18, 29). Brain ischaemia is the defining pathological process in vascular dementia but there is evidence that ischaemia has the potential to contribute to the development of AD pathology. Ischaemia in animal models, or its simulation by deprivation of oxygen and glucose in vitro, is associated with increased production of Aβ (reviewed in (12)). Transient global cerebral ischaemia due to cardiac arrest in man was shown to cause a significant rise in serum Aβ42, lasting several days (61). Serum Aβ42 also rose in people who had sustained diffuse traumatic brain injury (37), in which there is invariably brain swelling and reduced perfusion; the rise in serum Aβ42 was accompanied by a decline in Aβ42 in the cerebrospinal fluid, arguing against nonspecific “leakage” of Aβ42 from damaged brain tissue. There is also strong evidence from observational and experimental studies that CAA and arteriosclerotic small vessel disease (SVD) impede the clearance of interstitial solutes (including Aβ) from the brain (20–22, 59, 60). Hughes et al (23) found that arterial stiffness in elderly nondemented people correlated with the amount of cerebral Aβ, as demonstrated by Aβ-positron emission tomography. Kester et al (27) showed that the level of Aβ42 in the CSF in nondemented elderly people was lower in those with ischaemic WM abnormalities on magnetic resonance imaging (reduction in Aβ42 in the CSF being associated with increased AD pathology).

Conversely, there is strong evidence that Aβ peptides cause reduction in cerebral blood flow—not only through the development of CAA but also by inducing vasoconstriction. In animal studies, Aβ peptides reduced cerebral blood flow, interfered with...
cerebral autoregulation and impeded functional hyperaemia (39-41). We previously demonstrated an increase in the level of the vasoconstrictor peptide endothelin-1 (EDN1) in the cerebral cortex in AD (46). We showed that Aβ40 upregulated endothelin-converting enzyme-1 (EC1)-mediated production of EDN1 by cerebrovascular endothelial cells (48), and that Aβ42 upregulated endothelin-converting enzyme-2 (EC2)-mediated production of EDN1 by neurons (45). Another vasoconstrictor with the potential to exacerbate cerebral hypoperfusion in AD is angiotensin II (Ang II), cleaved from angiotensin I by the action of angiotensin-converting enzyme (ACE), the level of which was found to be elevated in the frontal cortex in AD (31, 35). EC1, EC2 and ACE are all capable of cleaving Aβ, and their upregulation in AD is probably a response to the accumulation of Aβ substrate (33).

We recently developed a novel method to quantify ischaemic damage in post-mortem brain tissue, by comparison of the levels of two myelin proteins: myelin-associated glycoprotein (MAG), which is highly susceptible to reduced tissue oxygenation, and proteolipid protein-1 (PLP-1), which is relatively resistant (3, 4, 56). In frontal cortex from patients with AD, we found the MAG:PLP1 ratio to be significantly reduced, indicating a pathological reduction in perfusion (ie, reduction exceeding the decline in metabolic demand) (56). Although MAG:PLP1 tended to be lower in cortex from patients with severe SVD or CAA, the only significant negative correlation was with the concentration of EDN1.

In this study, we have used similar methods to identify contributors to cerebral hypoperfusion in very early AD, by examining the precuneus, a region that is amongst the first affected by hypoperfusion, and by analyzing the findings in relation to the progression of AD, as indicated by the Braak tangle stage (8). We have found evidence of pathological hypoperfusion of the precuneus at an early stage of AD, associated with elevation of EDN1 and correlating closely with the level of Aβ42. Our findings suggest a key role for Aβ42-mediated upregulation of EC2 in the reduction of cerebral perfusion and oxygenation in early AD.

**MATERIALS AND METHODS**

**Case selection**

From the South West Dementia Brain Bank, University of Bristol, we obtained tissue from 70 cases of AD (ages 57–99 years, mean 79.8 years, SD 8.3 years) with post-mortem delays of 4–72 h (mean 31.4 h, SD 19.3 h). All of the brains had been subjected to detailed neuropathological assessment, and according to the NIA-AA guidelines (38) AD pathology was a sufficient explanation for the dementia in these cases. We also obtained tissue from 37 control brains that had also been extensively assessed neuropathologically, from people who had no history of dementia, few or absent neuritic plaques, a Braak tangle stage of III or less and no other neuropathological abnormalities apart from scattered diffuse plaques in most cases. Their ages ranged from 58 to 94 y (mean 79.8 years, SD 8.7 years) and the post-mortem delays from 3 to 67 h (mean 35.0 h, SD 15.4 h). The cohorts overlapped those in a previous study of deep parietal WM (4). For analysis of the effect of stage of AD on MAG:PLP1 in the precuneus, the AD and control cohorts were pooled and cases were subdivided according to Braak tangle stage (0–II, III–IV and V–VI) irrespective of the presence or absence of a history of dementia. The demographic data, neuropathological findings, and MRC identifier numbers in this cohort are summarized in Supporting Information Tables S1 and S2. The study had local research ethics committee approval.

**Brain tissue**

The brains had been obtained within 72 h of death. The right cerebral cortex had been fixed in 10% formalin for three weeks before the tissue was processed and paraffin blocks were taken for pathological assessment. SVD had been scored as previously described (4), on a four-point semiquantitative scale according to the extent of thickening of the arteriolar walls and associated narrowing of the vessel lumina: 0 = normal vessel wall thickness, 1 = slightly increased thickness, 2 = moderately increased thickness and 3 = markedly increased thickness such that for many arterioles the diameter of the lumen was <50% of the outer diameter of the blood vessel. CAA for all cases had also been previously graded semiquantitatively on a four-point scale by a method adapted from that of Olichney et al (11, 42), ranging from “0” for vessels devoid of amyloid to “3” for extensive deposition. The left cerebral hemisphere had been sliced and frozen at −80°C until used for biochemical assessment. Tissue was dissected from the medial parietal cortex (Broadmann area 7) and separate samples were dissected from the underlying parietal WM. Biochemical analyses were performed on 200 mg samples of the dissected tissue that were homogenized in 1% sodium dodecyl sulfate lysis buffer in a Pre-cellys homogenizer (Stretton Scientific, Derbyshire, UK) and then aliquoted and stored at −80°C until required. All measurements were made in duplicate and the mean determined.

**Measurement of MAG by direct ELISA**

MAG level was measured by direct ELISA, as previously described (3, 4, 36, 56). Brain tissue homogenates in PBS (1:10) and PBS blanks were left for 2 h at room temperature with constant shaking in 96-well microplates. The plate was washed and blocked in 1% bovine serum albumin/PBS for 2 h at room temperature and, after further washes, incubated for 2 h at room temperature with mouse monoclonal anti-MAG antibody (Abcam, Cambridge, UK) diluted 1:1000 in PBS. The plate was washed, incubated with biotin-conjugated anti-mouse secondary antibody (Vector Labs, Peterborough, UK) diluted 1:500 in PBS for 20 minutes, followed by another wash step and incubation with streptavidin-horseradish peroxidase (R&D systems, Oxford, UK), 1:500 in PBS, for 20 minutes in the dark. The plate was washed and incubated for 10 minutes in the dark with 100 μL/well of chromogenic substrate (TMBs substrate, R&D systems, Oxford, UK). The absorbance was read at 450 nM in a FLUOstar Optima plate reader(BMG Labtech, Aylesbury, UK) after the addition of 50 μL of 2 N sulfuric acid. MAG level was determined for each case by interpolation against a standard curve generated by serial dilution (400–6.25 ng/mL) of recombinant human MAG (Abnova, Taipei City, Taiwan). We previously demonstrated that MAG is stable under conditions of simulated post-mortem delay for up to 72 h at 4°C or room temperature (4).
Measurement of PLP1 by sandwich ELISA

PLP1 level was measured in brain tissue homogenates by use of a commercially available sandwich ELISA (cat no SEA417Hu, USCN, Wuhan, China) as described previously (56). Brain tissue homogenates were diluted 1:10 in PBS. Absolute PLP1 level was interpolated from a standard curve generated by serial dilution of recombinant human PLP1 (10–0.156 ng/mL). We previously demonstrated that PLP1 is stable under conditions of simulated post-mortem delay for up to 72 h at 4°C or room temperature (4).

Measurement of EDN1 by sandwich ELISA

EDN1 level was measured in brain tissue homogenates, diluted to 1 mg/mL, by use of the QuantiGlo Chemiluminescent ELISA kit for human EDN1 (R&D Systems, Oxford, UK) as previously described (3, 36, 46, 48, 56). Relative luminescence was measured using a in a FLUOstar Optima plate reader. Absolute EDN1 level was interpolated from a standard curve generated by assaying serial dilutions of recombinant human EDN1 (250–0.340 pg/mL). We previously demonstrated that EDN1 is stable under conditions of simulated post-mortem delay for up to 72 h at 4°C or room temperature (48).

Measurement of angiotensin II by sandwich ELISA

Human angiotensin II ELISA kit (Abcam, Cambridge, UK) was used to measure Ang II level in brain tissue homogenates according to the manufacturer’s guidelines. Ang II was measured in 50 µL of brain tissue homogenate plus 90 µL assay buffer (100 mM Tris-HCl pH 7.5, 50 mM NaCl, 10 mM 320 nm. To determine ACE-specific enzyme activity we subtracted the fluorescent signal from that after inhibition by captopril (Enzo Life Sciences, Exeter, UK). ACE activity was interpolated from a standard curve generated by serial dilution of recombinant human ACE (2500–39 pg/mL) (R&D systems, Oxford, UK).

Statistical analysis

Unpaired two-tailed t tests or ANOVA with Dunnett’s post hoc analysis was used for comparisons between groups, and Pearson’s or Spearman’s test to assess linear or rank order correlation, as appropriate, with the help of SPSS version 16 (SPSS, Chicago) and GraphPad Prism version 6 (GraphPad Software, La Jolla, CA). P-values < 0.05 were considered statistically significant.

RESULTS

Oxygenation of the precuneus is decreased in early Alzheimer’s disease

MAG:PLP1 in the precuneus was lower in the AD than the control cohort but not significantly so (P = 0.14) (Figure 1A). However, MAG:PLP1 varied significantly according to Braak tangle stage (Figure 1B) (P = 0.027). The highest values were in the Braak...
stage 0–II group and the lowest (by about 50%) in the Braak stage III–IV group. Post hoc analysis revealed that the difference between the Braak stage 0–II and III–IV groups was statistically significant ($P = 0.027$, Dunnett’s test) whereas the difference between the Braak stage 0–II and V–VI groups did not reach significance ($P = 0.092$).

Our previous studies showed that VEGF level increases in hypoperfused brain tissue, is elevated in AD frontal cortex and correlates inversely with MAG:PLP1 ($r = 0.40, P < 0.001$) (Supporting Information Figure S1C).

**Oxygenation of precuneus in AD is not significantly affected by small vessel disease or cerebral amyloid angiopathy**

We next examined whether the changes in MAG:PLP1 in the precuneus in AD were attributable to SVD or CAA. MAG:PLP1 declined as SVD (Figure 2A) and CAA (Figure 2B) increased in severity. However, the relationship between MAG:PLP1 and the SVD or CAA severity score was not statistically significant.

**Endothelin-1 is increased in the precuneus in AD in association with reduced tissue oxygenation**

We previously reported that the concentration of EDN1 is increased in AD in the temporal (46) and frontal cortex (56). EDN1 was also elevated in the precuneus in AD compared to age-matched controls ($P < 0.0001$) (Figure 3A) and rose significantly with Braak tangle stage ($P = 0.0003$). The level correlated negatively with MAG:PLP1 ($r = -0.31, P < 0.05$) (Figure 3C) and positively with VEGF ($r = 0.29, P < 0.05$) (Figure 3D).

**ACE-1 activity and Ang II level declined with reduced oxygenation of the precuneus**

In previous post-mortem studies, ACE-1 activity was elevated in midfrontal cortex in AD (31, 34, 35). In contrast, both ACE activity (Figure 4A) and the level of its cleavage product Ang II (Figure 4B) were reduced in the precuneus in AD, although only the difference in Ang II concentration was significant ($P = 0.004$). ACE activity varied with Braak tangle stage although not significantly, in a pattern resembling the variation in MAG:PLP1 (Supporting Information Figure S1D). ACE and Ang II level correlated closely
with cortical MAG:PLP1 (Figures 4C and D), as would be expected physiologically: Ang II production declining under conditions of reduced oxygenation, to minimize the risk of ischaemic damage.

**White matter oxygenation and EDN1**

We had previously measured MAG:PLP1 in the parietal WM (3) and now measured EDN1 concentration in the same homogenates. In contrast to the elevated EDN1 in the cortex in AD, EDN1 concentration in the WM was significantly reduced (Figure 5A), the concentration correlating with MAG:PLP1 in the WM (Figure 5B) in keeping with a physiological response to inadequate perfusion.

In contrast, WM MAG:PLP1 correlated negatively with EDN1 in the cortex ($r = -0.23, P = 0.053$), suggesting that the ratio was affected by EDN1-mediated vasoconstriction of the perforating arterioles that transverse the cortex to perfuse the WM.

**EDN1 level was related to Aβ42 accumulation in the precuneus**

EDN1 level within the precuneus correlated positively with insoluble Aβ42 ($r = 0.34, P < 0.01$) (Figure 6A) and soluble Aβ42 ($r = 0.37, P < 0.01$) (Figure 6B) but not with soluble or insoluble Aβ40 (Figure 6C, D). EDN1 level in the underlying WM did not correlate with insoluble or soluble Aβ42 or Aβ40 in either region.

**DISCUSSION**

Our previous studies on post-mortem samples of frontal lobe revealed pathological hypoperfusion of midfrontal cerebral cortex in AD (3, 4, 56), associated with an increase in cortical EDN1. The present findings indicate that these changes are not simply late-stage manifestations of AD but are demonstrable even in early AD (ie, in Braak stage III–IV disease) in the precuneus, a region that is amongst the first affected by hypoperfusion (2, 6, 7, 13, 28, 30, 53). Indeed, the MAG:PLP1 ratio, an indicator of the adequacy of ante-mortem tissue oxygenation, was lower in early than late AD (Braak stage V–VI) when the reduction was less pronounced,
possibly reflecting falling oxygen demand, for example, as a result of reduced synaptic activity. As in the frontal cortex, the reduction in MAG:PLP1 in the precuneus correlated with the concentration of EDN1 and the level of Aβ42, likely to be one of the drivers of EDN1 production within the brain. Finally, our measurements on the parietal WM suggest that elevated cortical EDN1 in AD may reduce subcortical WM perfusion as well.

In previous studies, we explored the potential contribution of several structural vascular abnormalities to reduced oxygenation of the cerebral cortex and WM in AD (3, 4, 56). SVD and CAA probably contribute to the reduction in blood flow in some patients. In the present study MAG:PLP1 tended to decline with SVD and CAA scores but not significantly. The variability in severity of SVD and CAA across the cohort as a whole may have obscured the contribution that these structural diseases of small vessels make to hypoperfusion of cerebral cortex and WM in a small proportion of cases. The present study did not examine microvessel density, another potential influence on cerebral perfusion (eg, in dementia with Lewy bodies (DLB) (36)). However, we did not previously find a significant decline in microvessel density in the cerebral cortex in AD (56).

Of the various potential contributors to reduced oxygenation of the precuneus in AD, the strongest candidate in the present study was EDN1, which doubled in concentration in early AD, and correlated negatively with MAG:PLP1 and positively with the concentration of VEGF. In contrast, the activity of ACE, which catalyses the production of another vasoconstrictor angiotensin-II, correlated positively with MAG:PLP1, in keeping with a protective vasodilatory response to reduced oxygenation. These findings extend our previous observations on factors influencing oxygenation of the cortex in AD (56). The elevation of EDN1 in the cerebral cortex in AD is not simply a nonspecific consequence of neurodegenerative disease. In DLB, EDN1 level was reduced rather than increased in the occipital cortex (36), a region that is hypoperfused in patients with the disease. Even in the current AD cohort, in which EDN1 was increased in the cortex, it was reduced in the underlying WM, as would be expected physiologically in response to reduced perfusion. Our studies clearly show that the pathophysiology of reduced cerebral perfusion differs not only between dementia subtypes but also between different parts of the brain.

The production of EDN1 is catalyzed by the ECEs. In temporal cortex we found evidence of upregulation of both ECE1 and ECE2 in AD (45, 47). ECE2 is primarily localized to pyramidal cells within the human brain. Our previous studies on human neuroblastoma cells suggest that upregulation of ECE2 in AD and is likely to be a response to the accumulation of Aβ42, as evidenced by the induction of ECE2 on exposure of neuroblastoma cells to human recombinant monomeric or oligomeric Aβ42 but not Aβ40 (45). In contrast, in human cerebral endothelial cells Aβ40 upregulated ECE1 and stimulated EDN1 release whereas Aβ42 had no effect.

Figure 5. EDN1 level was reduced in the WM in AD, the reduction correlating with the fall in oxygenation. A. Bar chart showing reduced EDN1 in the parietal WM (P = 0.006). Scatterplots show the positive correlation between WM MAG:PLP and WM EDN1 (r = 0.35, P = 0.021) (C) and the negative correlation between WM MAG:PLP and PC EDN1 in (r = −0.23, P = 0.053) (D). *P < 0.05, **P < 0.01.

Figure 6. EDN1 level correlated with Aβ42 in the precuneus (PC). PC EDN1 correlated with the level of insoluble (r = 0.34) (A) and soluble Aβ42 (r = 0.37) (B) but not the level of insoluble (C) or soluble (D) Aβ40. **P < 0.01.
for patients. There is increasing awareness that, to be effective, most therapies will need to be started at an early stage of disease, before the onset of significant neuropathological changes. We have now shown that the Aβ-dependent upregulation of the ECE2-ET-1 axis in AD occurs at an early stage in the disease and contributes to chronic hypoperfusion of the cerebral cortex, and to a lesser extent the underlying WM. Our findings raise the possibility of benefit from EDN1 receptor antagonists in reducing the deleterious effects of long-term cerebral hypoperfusion mediated by the activation of EDN1A receptors on vascular smooth muscle cells. Bosentan, a dual EDN1A/B receptor antagonist, preserved aortic and carotid endothelial function in Tg2576 mice, which overexpress APP (15), and EDN1A receptor antagonists have been shown to have therapeutic benefit in several peripheral diseases associated with abnormal activation of the endothelin system: pulmonary hypertension, some forms of renal disease, systemic arterial hypertension, heart failure, allograft rejection and diabetes/insulin resistance (reviewed in (44)). Whilst EDN1A receptor antagonists would not address the presumed underlying cause of AD, the present data suggest that these drugs have the potential to ameliorate some of the damaging neurobiological manifestations of the disease from an early stage.

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REFERENCES


SUPPORTING INFORMATION

Additional Supporting Information may be found in the online version of this article at the publisher’s web-site:

Figure S1. (A) Bar chart showing elevated VEGF in relation to disease severity in the precuneus. Control and AD cases were grouped according to Braak tangle stage, irrespective of dementia status. Post hoc analysis showed that VEGF level was significantly higher in the V–VI than the 0–II group. Scatterplot showing positive correlation between VEGF and insoluble Aβ (r = 0.41) (B) but not Aβ40 (C) in the precuneus. (D) Bar chart showing lower ACE activity in early AD (Braak stage III–IV) than in late stage disease (Braak stage V–VI). **P < 0.01.

Tables S1 and S2. The demographic data, neuropathological findings, and MRC identifier numbers in this cohort are summarized.