Manuscript title - Prevalence of headshaking within the equine population in the United Kingdom.

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Owner informed consent. Owner informed consent was stipulated in the introduction to the questionnaire as follows; “Completion of this survey indicates your consent for us to use your data for research purposes, however please note that questionnaires are completed anonymously.”

“Masked for peer review”

Line 2. S. E. Ross, V. L. H. Roberts* and J. K. Murray

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Line 55. “the University of Bristol, Ethics of Research Committee”

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21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43
Prevalence of headshaking within the equine population in the United Kingdom.

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Summary

Background: Headshaking in horses has been reported to be most commonly due to idiopathic neuropathic facial pain (trigeminal-mediated headshaking). The prevalence of headshaking in horses in the United Kingdom (UK) is unknown.

Objectives: To estimate owner-reported prevalence of headshaking in horses in the UK and to report their signalment and disease characteristics, as reported by owners.

Study design: Cross-sectional web based owner questionnaire.

Methods: The questionnaire was advertised on-line via social media, horse forums, veterinary websites and equestrian magazines from 17th June 2016, until greater than 1,000 responses had been obtained. All UK horse owners were eligible to complete the questionnaire, however only one questionnaire could be completed per owner.

Results: The estimated prevalence of owner-reported headshaking in the sample population of horses (n=1014), within the last year, was 4.6% (95% CI 3.5, 6.1), whereas 6.2% (95% CI 4.9, 7.9) of horses were reported by their owners to have shown signs of headshaking at any time-point since ownership. There was no association of sex or breed. Nineteen per cent of headshaking horses were reported to show headshaking at rest. Fewer than one-third (30.2%, n=19) of headshaking horses had been examined by a veterinarian for headshaking. Of horses seen by a veterinarian, the cause for headshaking remained unknown in the majority of cases (57.9% responses) and trigeminal-mediated headshaking was reported as a diagnosis in just one case.
**Limitations:** The accuracy in data reporting by horse owners was not verified in this study. There may be a potential for bias towards over-reporting due to the nature of survey participation.

**Conclusions:** Within this sample, owner-reported prevalence of signs of headshaking within the last year, in horses in the UK was 4.6%. Over two-thirds of owners of headshaking horses did not seek veterinary intervention for headshaking. Trigeminal-mediated headshaking was rarely reported by owners as a diagnosis.

**Introduction**

Headshaking is a condition whereby horses show repeated, uncontrollable, predominantly vertical movements of the head and neck, often accompanied by nasal irritation [1, 2]. Headshaking is a significant cause of distress in some horses [1]. Even with extensive investigation, usually no physical cause for headshaking is found [3, 4]. In most cases, headshaking is reported to occur due to an idiopathic neuropathic facial pain syndrome (termed trigeminal-mediated headshaking) [1, 5, 6]. Severely affected horses appear to have compromised welfare and significant self-inflicted trauma has been reported [7]. The determination that many cases occur due to pain is recent [6] and therefore likely to be under-recognised by owners and veterinarians. Many affected horses become dangerous to handle and ride and especially if the condition is not understood, may undergo several futile treatments. Horses that are unsuccessfully treated may eventually be euthanased.

A diagnosis of trigeminal-mediated headshaking is supported when no defined aetiology can be found on thorough assessment and examination [6]; thus excluding other causes of facial pain which include, but are not limited to, guttural pouch disease, dental pathology and sinus disorders. A recent breakthrough provided evidence that the trigeminal nerve in affected horses is sensitised, firing at too low a threshold [8]. This discovery paved the way for the proposal that the previously favoured term ‘idiopathic headshaking’ be replaced by the term ‘trigeminal-mediated headshaking’
While some progress has been made in recent times towards diagnosing and treating the condition, the prevalence of headshaking within horses in the UK has not been fully elucidated. The prevalence of headshaking within the UK horse population is a fundamental question which once answered, would reveal the scale of a potential welfare problem and may endorse further research into the pathogenesis and treatment of the condition. Furthermore, how frequently trigeminal-mediated headshaking is considered the cause for headshaking has not been investigated.

The aim of this study was to investigate the owner-reported prevalence of headshaking in the general horse population in the UK. Secondary aims were to report signalment and disease characteristics for headshaking in horses, as reported by owners.

**Materials and Methods**

An online questionnaire with the ‘neutral’ title ‘Horse Health Questionnaire’ was compiled using Bristol Online Surveys (BOS)¹. Ethical approval was obtained from the University of Bristol, Ethics of Research Committee, application number 34361. Questionnaires were pre-tested using a small convenience group of horse owners (n=6) and then revised accordingly. An online sample size calculator (Ausvet Epitools [10]) was used to calculate the sample size required to estimate the true prevalence of headshaking signs based on an estimated population size of 1,000,000 i.e. large population, assumed true prevalence of 4%, assumed sensitivity and specificity of 0.95 respectively, confidence level of 0.95 and desired precision of 0.02. A sample size of 932 was calculated to be required. The questionnaire was advertised on-line via social media, horse forums, first opinion practices and equestrian magazines on 17th June 2016 and remained open until 10th August 2016, once greater than 1,000 responses had been obtained.

The questionnaire was accessible via a uniform resource locator (URL). Participants were required to be 18 years of age or older, live in the United Kingdom and to own or have owned a horse within the last year. Owners that had sold or had their horse euthanased within the last year were eligible to complete the survey. Respondents were restricted to completing a questionnaire for just one horse.
per owner. Owners of multiple horses were asked to choose the animal whose name came first in
the alphabet. The questionnaire took most people less than five minutes to complete.

Questions on headshaking were flanked by questions on laminitis and equine sarcoids. Equine
sarcoid data are not presented here. There were two purposes to having the distractor questions.
One was to disguise the area of interest to minimise response bias. The other, that figures for
prevalence of laminitis in horses in the UK have been reported [11]. A comparison of those figures
with our own, if similar, would offer reassurance that prevalence figures obtained for owner-
reported headshaking are also reliable. The following definition of headshaking was used; ‘for the
purposes of this survey headshaking is characterised by unexplained and uncontrollable movements
of the head and neck that may affect the horse either at rest or during exercise.’ The following
definition of laminitis was used, ‘for the purposes of this survey, laminitis is an episode of lameness
which was either; a) diagnosed by a vet as laminitis or b) laminitis was strongly suggested based
upon the following; lameness was present in all four limbs and the horse or pony stood with an
altered stance and/or the horse or pony was reluctant to move and/or there was increased heat in
all four hooves and/or laminitis was diagnosed by a farrier.’

Prevalence values and 95% confidence intervals were calculated using Ausvet Epitools [10]. The
Kolmogov–Smirnov test was used to assess age data for normality. Age was not normally
distributed and thus median and interquartile ranges were reported. The Mann Whitney test was
used to compare median age of headshaking and non-headshaking horses. Association of sex (male
/ female) and breed (seven categories of breed, Table 1) with headshaking (yes/no) was assessed
using a chi-squared test and a Fisher’s exact test, respectively to account for cells with fewer than
five expected data points. Statistical tests were carried out in IBM SPSS Statistics Version 23.

Significance was set at P<0.05.

Results
Prior to closure of the survey, 1016 responses were returned. Two responses were excluded due to failure to comply with the inclusion criteria.

**Headshaking prevalence**

Of the horses in this sample population (n=1014), 47 (4.6%, 95% CI 3.5, 6.1) were reported to have shown signs of headshaking in the last year. A further 16 (1.6%, 95% CI 1.0, 2.6) were reported to have shown signs of headshaking, but not within the last year. Currently / previously affected horses are hereafter referred to as “headshakers”. An additional two horses were reported by their owners to have died (likely euthanased) during the last year as a direct result of headshaking. For horses that were still alive and where no distinction was made regarding time of displaying signs of headshaking, the combined prevalence of headshakers was 6.2% (n=63) (95% CI 4.9, 7.9).

**Laminitis prevalence**

Of the horses in our sample population (n=1014), 64 (6.3%, 95% CI 5.0, 8.0) were reported to have had laminitis in the last year. A further 83 (8.2%, 95% CI 6.7, 10.0) were reported to have had laminitis, but not within the last year. For horses that were still alive and where no distinction was made regarding when the horse suffered from laminitis, the combined prevalence was 14.5% (n=147) (95% CI 12.5-16.8).

**Headshaking signalment**

Questionnaires included data for 65 headshakers.

**Age**

Age in 2016 was provided for 63 horses (Table 1). Respondents were asked to choose from the nearest whole number age but horses 21 years or older were grouped together and therefore exact age for horses older than 20 years of age could not be ascertained. Fifty headshakers (79.4%, 95% CI 67.8, 87.5) were aged 20 years or less; the median age of this sub-group was 12 years (IQ range 9-15 years). For non headshakers, 754/949 (79.5%, 95% CI 76.8, 81.9) were aged 20 years or less; the
median age in this group was 11 years (IQ range 9 - 15 years). There was no significant difference between the median age of headshakers and non-headshakers aged less than 20 years (p=0.08).

Breed

A wide range of breeds were represented which were combined into seven subcategories (Table 1). No evidence (P=0.65) was found for an association between breed category and headshaking.

Sex

In total, 29/65 (44.6%) of headshakers were recorded as female (mare or filly) and 36/65 (55.4%) were recorded as geldings (Table 1). A chi-squared test revealed no statistically significant association between sex and absence/presence of headshaking signs (P=0.23).

Season of purchase

There was no season of the year for which purchase of headshakers was disproportionate to purchase of non-headshaking horses (Table 1).

Time of year headshaking first began

Respondents were asked to indicate in which month headshaking first began. The three most frequent months with respect to onset of headshaking signs were as follows: May: 21.9% (n=14), April: 17.2% (n=11) and March: 14.1% (n=9) (figure 1). Considering season, 53.1% of horses (n=34) first showed signs of headshaking in spring (March, April and May) and 17.2% (n=11) first showed signs in summer (June, July and August).

Figure 1: Bar chart displaying the number of headshaking horses reported to first show signs of headshaking for each month of the year.

Time of year affected
Considering horses for which data were available (n=56), 89.3% (n=50) were reported to headshake in summer, 76.8% (n=43) were reported to headshake in spring, 32.1% (n=18) were reported to headshake in autumn, and 19.6% (n=11) were reported to headshake in winter (figure 2). Of 56 headshaking horses, 19.6% (n=11) were reported to headshake over all four seasons and 8.9% (n=5) were reported to headshake over three seasons. A larger proportion of headshaking horses, 42.9% (n=24), were reported to headshake over just two seasons. Of these the majority, 95.8% (n=23) were affected during spring and summer. In addition, 39.3% (n=22) of headshaking horses were reported to headshake during a single season only.

Figure 2: Bar chart displaying the number of horses reported to headshake during each season of the year; spring (March, April and May), summer (June, July, August), autumn (September, October, November) and winter (December, January, February). Respondents were asked to pick all that applied.

Weather conditions

Respondents were asked to indicate which weather conditions, if any, they associated with headshaking in their horse (figure 3). Headshaking was reported to be most commonly associated with sunshine in 79.4% (50/63) of horses and heat in 52.4% (33/63) of horses.

Figure 3: Association between environmental conditions and signs of headshaking. All applicable environmental conditions could be selected.

Clinical signs

Headshaking was reported to have been gradual in onset in 37.5% of cases (24/64) and sudden in onset in 35.9% of cases (23/64). In addition 26.6% of respondents (17/64) indicated that the horse had been headshaking since the beginning of their ownership.
Owners were given a list of clinical signs and were asked to indicate which sign or signs best
described their horse whilst headshaking. The most frequently reported clinical sign was vertical
head movement reported in 78.5% (51/65) of horses, followed by excessive rubbing of the muzzle in
38.5% (25/65) (figure 4).

Figure 4: Bar chart displaying observed frequencies of clinical signs reported to be associated with signs of
headshaking. Respondents were asked to select all that apply.

Effect of exercise

Of horses that were lunged, 53.2% (25/47) were reported to headshake during lunged exercise. Of
horses that were ridden 95.1% (58/61) were reported to headshake during ridden exercise. Of
horses that were turned out 26.4% (14/53) were reported to headshake at rest. Of horses that were
stabbed 12% (6/50) were reported to headshake at rest. “Don’t know” and “not applicable” options
were available.

Severity

Owners were asked to grade the ‘usual’ severity of headshaking under a range of conditions, based
on the following grading criteria:

- Grade 0 - there is no headshaking.
- Grade 1 - there is headshaking, only at exercise but sufficiently mild that the horse
  may be ridden.
- Grade 2 - there is headshaking at exercise to a severity as to make ridden exercise
  unsafe or impossible.
- Grade 3 - there is headshaking even at rest.

The results are summarised in table 2. A higher percentage, 31.8% (14/44) of horses were grade 0/3
(asymptomatic) with a nose-net, compared with 11.4% (5/44) of horses recorded as grade 0/3
without a nose-net. There was no apparent association between open spaces versus hedgerow when considering reported headshaking grade.

Respondents were asked to grade their horse considering headshaking at its worst. In total 50.8% (32/63) of horses were considered grade 1/3, 30.2% (19/63) were considered to be grade 2/3 and 19.0% (12/63) of horses were considered to be grade 3/3, at worst (table 2). The seasons for which the highest percentage of horses were typically assigned grade 0/3 were winter and autumn (Figure 5). The seasons for which the highest percentage of horses were typically assigned grade 1/3 were spring and summer.

**Veterinary intervention**

Of headshaking horses, 30.2% (19/63) were examined by a veterinary surgeon for headshaking, and 69.8% (44/63) were not. Of the horses examined by a veterinarian, respondents were asked to indicate which diagnostic procedure(s) had been performed, for which 18 responses were obtained. The most commonly performed test was dental examination performed in 83.3% of horses (15/18), followed by aural and ophthalmological examinations performed in 50.0% of horses (9/18) each. Endoscopy was performed less commonly in 38.9% horses (7/18). Radiographs of the head were performed in 22.2% of horses (4/18). The “other” category of response was recorded eight times and included blood tests, allergy testing and an anti-histamine trial. Both computed tomography and diagnostic analgesia were reported infrequently in just one horse each.

Respondents were asked to indicate whether a cause had been diagnosed. Considering only horses that had been seen by a veterinarian, the cause remained unknown in 57.9% (11/19) of cases,
allergy was diagnosed in 36.8% (7/19) of cases and trigeminal-mediated headshaking (idiopathic headshaking) was diagnosed in just one case.

Treatments

There were 75.4% (49/65) of respondents that had attempted at least one form of treatment trial. In 12 horses, three or more treatments had been trialled. Treatments employed are listed in Table 3. Of all headshakers, 63.1% (n=41) had been tried with a nose-net. An eye mask was the second most frequently trialled treatment in 35.4% (n=23) of horses.

The treatments were examined individually to determine the effect of each treatment, based on reduction of severity grade (Table 3). Of the horses trialled with a nose-net no effect of treatment was reported in 73.2% (n=30); partial improvement was reported in 7.3% (n=3) and full resolution reported in 19.5% (n=8) of horses.

Discussion

In the population studied, the estimated prevalence of owner-reported headshaking within the last year was 4.6%. The equine population of Great Britain in 2015 was estimated at 944,000 [11]. This represents a significant number of horses that are likely to be afflicted with headshaking. These findings are consistent with results of the 2016 National Equine Health Survey (NEHS) [12] where headshaking was the fifth most frequently reported internal medicine syndrome, accounting for 1.8% of all reported syndromes.

In the current study 6.3% of horses developed laminitis in the last year, 8.2% of horses developed laminitis more than a year ago, the combined prevalence in this sample population was 14.5%. The frequency of equine laminitis has been previously reviewed; however of the ten publications deemed by the review authors to be the highest quality publications, only two were conducted in a general equine population and neither in the UK [13]. Menzies-Gow, Katz [14] investigated the prevalence of laminitis in a UK rescue animal population over a six year period and found that each year between 7.9% and 17.1% of the population had at least one episode of laminitis. While the
sample populations are non-identical and rescue animals may be at increased risk compared to the
general population, our findings are comparable. A more recent study using a population of non-
laminitic ponies aged ≥ 7 years, reported prevalence of pasture associated laminitis to be 4.0%, 6.7%
and 9.9% after 1, 2 and 3 years cumulatively for that population [15]. Given that the present study
did not exclude animals that had previously had laminitis, the results are reassuringly analogous.
This provides confidence that the sample and reported prevalence were not leading to over-
estimation of the prevalence of laminitis, or headshaking, with this population.

The signalment of headshaking horses has been previously reported [3, 7]. Our study corroborates
the assertion that headshaking is not a condition of the young horse; in this population the median
age of headshakers aged 20 years or less was 12 years. No evidence was found for a sex or breed
predisposition within the sample studied here. This is in contrast to the findings of Madigan and Bell
[3] who reported that geldings and Thoroughbreds were over-represented. Approximately one in
five headshaking horses were reported to headshake all year round, with the remainder affected for
a variable proportion of the year. A seasonal component in some headshakers has been previously
reported, of these most started headshaking in the spring [3], in agreement with our findings.
Worsening of signs with exposure to sunlight has also been documented [8] however the range of
environmental conditions associated with headshaking reported here, which include cold and rain as
well as heat and sun, highlight the practical difficulties in managing these cases. The results of this
study do not support anecdotal speculation that more headshaking horses are sold during autumn
or winter.
Our survey suggests that approximately one in four headshaking horses show signs when turned out
and approximately one in ten show signs at rest in a stable. It has been reported that in more
advanced cases, of longer duration, signs are more obvious at rest [2]. While it is well documented
that exercise precipitates headshaking in many cases [3], horses affected at rest represent a
particular welfare issue. Should treatment fail, retirement will not be curative in these cases, leaving
euthanasia on welfare grounds as a viable option.
Vertical head movements and rubbing of the muzzle were commonly reported clinical signs in this study. The clinical signs of head shaking can be reasonably interpreted as manifestation of the resulting neuropathic facial pain. The human condition trigeminal neuralgia is an exemplary condition of neuropathic facial pain [16] and one which shares some clinical similarities with trigeminal-mediated headshaking in horses. Pain associated with trigeminal neuralgia is characterised by debilitating electric shock-like pain and can lead to suicide within humans [17].

Reasons for the low level of veterinary intervention reported here were beyond the scope of the study and were not investigated. It is possible that horse owners perceive that veterinary investigation is often fruitless. Alternatively, it could be speculated that a lack of veterinary intervention could reflect that many owners simply do not associate signs of headshaking with expression of facial pain.

Consensus in the literature indicates that treatments for headshaking are generally ineffective [1, 2, 5, 8, 18]. This study highlights that multiple treatments may be tried for any one horse. Our study reports the perceived effect of treatment from an owner perspective and thus findings must be interpreted with caution as there is evidence for placebo effect [19]. Secondly, due to the known component of seasonality [3, 20] and spontaneous remission, any treatment for headshaking cannot be judged to have been effective in the long-term, unless an improvement is sustained for at least 12 months. Furthermore we are reliant on memory recall and for some categories of treatment the sample size was very small; thus results must be interpreted with caution.

This study suggests that trigeminal-mediated headshaking is not a common diagnosis for headshaking in horses attended by a veterinarian, as reported by owners. Diagnosis of trigeminal-mediated headshaking is based on detailed history and observation of phenotypic headshaking, combined with exclusion of other pathology [7]. Roberts [9] states, that the condition is idiopathic should be no excuse for not performing a thorough and systemic diagnostic process to investigate cases. However this relies on veterinary attention being sought, and also upon owners committing to the financial costs associated with a complete investigation. The knowledge that detectable
pathology is unlikely to be found in the vast majority of cases[21] may act to deter owners from
consenting to complete investigation, if offered. In this sample population “the cause remains
unknown” was indicated much more frequently; this may reflect lack of awareness of trigeminal-
mediated (Idiopathic) headshaking as a potential diagnosis or may reflect hampered ability of
attending veterinarians to perform complete investigation. A lack of owner familiarity with the
terminology is a further possibility and it may be the case that veterinarians do not use the
terminology ‘trigeminal mediated’ or ‘idiopathic’ in conversation with clients, to avoid alienating
owners with jargon.

The purpose of this survey was to capture data on horses from horse owners in the general
population; veterinary intervention was not a criteria for inclusion. The accuracy in data reporting
by horse owners was not verified and is a major limitation of this study. The level of knowledge of
the respondents completing the questionnaire cannot be vouched for and is a further limitation. In
addition potential exists for bias, particularly towards over-reporting of the condition, despite our
efforts to provide both precise definitions and distractor questions. However, referral centres were
deliberately not contact in an effort to avoid potential bias, and over estimation of prevalence,
which may be associated with using a referral population.

In conclusion, the findings of this study estimated the prevalence of owner reported headshaking in
horses within this sample of horses in the UK to be 4.6% for horses affected within the last year, and
6.2% for horses affected at any time point.

Source of funding

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post was funded by Cats Protection. We are grateful to the INSPIRE committee for funding a
Vacation Studentship.

Table 1: Age, breed and gender data for non-headshaking and for headshaking horses.
### Table 2: The usual grade of headshaking (H/S) assigned to affected horses, considering each of the variables listed.  n=number of responses, % = percentage of responses. The proportion of horses reaching each grade of headshaking, considering headshaking at its worst severity, is also provided.

<table>
<thead>
<tr>
<th>Variable</th>
<th>Category</th>
<th>Non-headshaking horses % (n=949)</th>
<th>Headshaking horses % (n=65)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Season of Purchase</td>
<td>Spring</td>
<td>26.2 (n=237)*</td>
<td>23.1 (n=15)</td>
</tr>
<tr>
<td></td>
<td>Summer</td>
<td>26.2 (n=237)*</td>
<td>32.3 (n=21)</td>
</tr>
<tr>
<td></td>
<td>Autumn</td>
<td>25.1 (n=227)*</td>
<td>21.5 (n=14)</td>
</tr>
<tr>
<td></td>
<td>Winter</td>
<td>16.0 (n=145)*</td>
<td>15.4 (n=10)</td>
</tr>
<tr>
<td></td>
<td>Don’t remember</td>
<td>3.2 (n=29)*</td>
<td>6.2 (n=4)</td>
</tr>
<tr>
<td></td>
<td>Not applicable (homebred)</td>
<td>3.2 (n=29)*</td>
<td>1.5 (n=1)</td>
</tr>
<tr>
<td>Age this year</td>
<td>1-5 years</td>
<td>8.7 (n=83)</td>
<td>3.1 (n=2)</td>
</tr>
<tr>
<td></td>
<td>6-10 years</td>
<td>29.5 (n=280)</td>
<td>24.6 (n=16)</td>
</tr>
<tr>
<td></td>
<td>11-15 years</td>
<td>22.7 (n=215)</td>
<td>26.2 (n=17)</td>
</tr>
<tr>
<td></td>
<td>16-20 years</td>
<td>18.5 (n=176)</td>
<td>20.0 (n=13)</td>
</tr>
<tr>
<td></td>
<td>21 years and over</td>
<td>16.8 (n=159)</td>
<td>18.5 (n=12)</td>
</tr>
<tr>
<td></td>
<td>Unknown</td>
<td>3.8 (n=36)</td>
<td>7.7 (n=5)</td>
</tr>
<tr>
<td>Breed</td>
<td>Arab or Arab X</td>
<td>4.6 (n=43) □</td>
<td>6.2 (n=4)</td>
</tr>
<tr>
<td></td>
<td>Cob or Cob X</td>
<td>15.4 (n=145) □</td>
<td>20.0 (n=13)</td>
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<td>ID, ID X or ISH</td>
<td>13.8 (n=130) □</td>
<td>15.4 (n=10)</td>
</tr>
<tr>
<td></td>
<td>TB, TB X or TB X WB</td>
<td>18.6 (n=175) □</td>
<td>16.9 (n=11)</td>
</tr>
<tr>
<td></td>
<td>WB or WB X</td>
<td>12.2 (n=115) □</td>
<td>12.3 (n=8)</td>
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<tr>
<td></td>
<td>Native or Unknown pony breed</td>
<td>20.5 (n=193) □</td>
<td>18.5 (n=12)</td>
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<td></td>
<td>Unknown horse breed or other</td>
<td>15.0 (n=141) □</td>
<td>10.8 (n=7)</td>
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<tr>
<td>Gender</td>
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<td>37.2 (n=353)</td>
<td>44.6 (n=29)</td>
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<tr>
<td></td>
<td>Gelding</td>
<td>61.9 (n=587)</td>
<td>55.4 (n=36)</td>
</tr>
<tr>
<td></td>
<td>Stallion</td>
<td>0.9 (n=9)</td>
<td>0 (n=0)</td>
</tr>
</tbody>
</table>

* indicates % derived from total number of responses with complete data (n=904). □ indicates % derived from total number of complete data (n=942). ‘X’ refers to crossbreed. ‘ID’ = Irish Draught, ‘ISH’ = Irish Sports Horse, ‘TB’= Thoroughbred, ‘WB’ = Warmblood.
Table 3: Treatments trialled and percentage of horses each treatment was trialled in. Change in severity score was calculated by considering the usual grade (0-3) of headshaking during the day and the usual grade (0-3) of headshaking during treatment.

<table>
<thead>
<tr>
<th>Treatment</th>
<th>% of horses tried in</th>
<th>No effect reported</th>
<th>Partial Improvement reported</th>
<th>Full resolution reported</th>
<th>∆ Partial improvement reported excludes full resolution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nose-net</td>
<td>63.0 (n=41)</td>
<td>73.2% (n=30)</td>
<td>7.3% (n=3)</td>
<td>19.5% (n=8)</td>
<td></td>
</tr>
<tr>
<td>Eye mask</td>
<td>35.4 (n=23)</td>
<td>47.8% (n=11)</td>
<td>13.0% (n=3)</td>
<td>39.1% (n=9)</td>
<td></td>
</tr>
<tr>
<td>Antihistamines</td>
<td>23.1 (n=15)</td>
<td>73.3% (n=11)</td>
<td>13.3% (n=2)</td>
<td>13.3% (n=2)</td>
<td></td>
</tr>
<tr>
<td>Phenylbutazone</td>
<td>9.2 (n=6)*</td>
<td>80% (n=4)</td>
<td>20% (n=1)</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Steroids</td>
<td>9.2 (n=6)</td>
<td>66.7% (n=4)</td>
<td>16.7% (n=1)</td>
<td>16.7% (n=1)</td>
<td></td>
</tr>
<tr>
<td>Equipens</td>
<td>3.1 (n=2)</td>
<td>0</td>
<td>0</td>
<td>100% (n=2)</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>6.1 (n=4)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gabapentin</td>
<td>0</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Surgery for coil placement</td>
<td>0</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The following criteria were used: No reduction or worsening in grade = no effect. Reduction in grade of 1 or more to a value > 0 = partial improvement. Reduction in grade to 0 = full success. * data relating to effect of treatment missing or incomplete for one horse. 'Tx' refers to treatment. ∆ Partial improvement reported excludes full resolution.


Horse Health Questionnaire

Introduction

Thank you for your interest in this survey on equine health. In order to complete the survey we ask that you are 18 years of age or over, live in the United Kingdom (UK) and currently own or have owned a horse within the last year. A survey can still be filled in for any horse which may have passed away or been sold within the last year. This aim of this survey is to allow veterinary researchers to establish how common certain diseases are within the horse population in the UK. Your participation is greatly appreciated. If you have more than one horse, please complete the survey for the horse whose name comes first in the alphabet. Completion of this survey indicates your consent for us to use your data for research purposes, however please note that questionnaires are completed anonymously.

The survey does not take long to complete, we anticipate less than 5 minutes for most people and a maximum of 10 minutes. Please note that we are using the term "horse" throughout however this form can be completed for a horse or pony. We also refer to the present tense throughout however we do realise that some horses may be sold or deceased.

Are you completing this survey for a horse that you currently own?

- Yes
- No

If you answered "no" to the question above, is this a horse you have sold or did he/she die whilst in your ownership?

- Yes, the horse has been sold
- Yes, the horse died whilst in my ownership

If your horse was sold or has died, how old was he/she when you last owned him/her?

[Input field for age]
General Information

How old is your horse this year?

What sex is your horse?  *Required*

- Mare/Filly
- Stallion/Colt
- Gelding

What breed or type is your horse? "x" refers to crossbreed.

- Arab
- Arab x
- Cob
- Cob x
- Irish Draught
- Irish Draught x Thoroughbred
- Irish Sports Horse
- Thoroughbred
- Thoroughbred x
- Thoroughbred x Warmblood
- Warmblood
- Warmblood x
- Native
- Unknown horse breed
- Unknown pony breed
- Other

If you selected Other, please specify:


How old was the horse when you got him or her?

During what season of the year did you purchase this horse?

Which UK region is this horse kept in for most of the year?

Did you have a pre purchase examination (vetting) performed prior to purchase?

- Yes
- No
- Not applicable (homebred)

If Yes, what form of vetting was carried out?

- Two stage
- Five Stage (includes evaluation at exercise)
- Five Stage (includes evaluation at exercise) and X-rays

Which of the following options best describes the usual management of this horse during the Summer?

- Lives in 24/7
- Stabled during the day only
- Stabled during the night only
- Stabled for part of the day or night only
- Turned out 24/7
Which of the following options best describes the usual management of this horse during the Winter?

- Lives in 24/7
- Stabled during the day only
- Stabled during the night only
- Stabled for part of the day or night only
- Turned out 24/7

Does your horse display any of the following behaviours? Please tick all that apply.

- Weaving
- Box walking
- Crib biting
- Windsucking
- Self mutilation
- None of the above
Veterinary Conditions and Definitions

We are interested in finding out how many horses or ponies in the UK are affected by the following conditions:- laminitis, headshaking and sarcoids.

Definitions

Laminitis is inflammation of the sensitive laminae of the hoof. For the purposes of this survey, laminitis is an episode of lameness which was either;

a) diagnosed by a vet as laminitis (or)

b) laminitis was strongly suspected based upon the following; lameness was present in all four limbs and the horse or pony stood with an altered stance and/or the horse or pony was reluctant to move and/or there was increased heat in all four hooves and/or laminitis was diagnosed by a farrier.

For the purposes of this survey, headshaking is characterised by unexplained and uncontrollable movements of the head and neck that may affect the horse either at rest or during exercise.

For the purposes of this survey, sarcoids are fibroblastic tumours of the equine skin that have been diagnosed by a vet, either based upon appearance or biopsy results.
Laminitis

Reminder- laminitis is inflammation of the sensitive laminae of the hoof. For the purposes of this survey, laminitis is an episode of lameness which was either;

a) diagnosed by a vet as laminitis (or)

b) laminitis was strongly suspected based upon the following; lameness was present in all four limbs and the horse or pony stood with an altered stance and/or the horse or pony was reluctant to move and/or there was increased heat in all four hooves and/or laminitis was diagnosed by a farrier.

Has your horse had laminitis?  *Required

- Yes in the last year
- Yes more than a year ago
- Not since I have had him/her
- My horse/ pony is no longer alive as a result of laminitis
Laminitis questions

Which of the following best describes how easy your horse is to feed?

- [ ] He/she is a very "good doer" and gets fat easily
- [ ] He/she is uncomplicated to feed and to keep weight on
- [ ] He/she is a fussy eater and/or is difficult to keep weight on

Body condition scores help us estimate the condition of animal without the use of weigh scales. The body condition scoring system devised by Carroll and Huntington (1988) is based on a grading system of 0 (emaciated) to 5 (obese). Based on this grading system (link below) what score is most applicable to your horse or pony? [http://www.bris.ac.uk/vetscience/media/images/conditionscoringleaflet.pdf](http://www.bris.ac.uk/vetscience/media/images/conditionscoringleaflet.pdf)

- [ ] 0
- [ ] 1
- [ ] 2
- [ ] 3
- [ ] 4
- [ ] 5

With thanks to the British Horse Society for the body condition scoring leaflet used above.

Which, if any, of the following methods do you use to monitor your horse's condition? *Tick all that apply.*

- [ ] None (I don't worry about this)
- [ ] Weight tape
- [ ] Weigh scales
- [ ] Body condition score
- [ ] By eye
- [ ] Based on how tight or loose the girth is
- [ ] Other

If you selected Other, please specify:


In which month did your horse first have laminitis?
In which year did your horse first have laminitis?

How many episodes of laminitis has your horse had since you have owned him or her?

- Just one
- 2-3
- 4 or more
- My horse has chronic laminitis and management is ongoing

What was your horse mainly used for before his or her laminitis? Select one box only.

If you selected Other, please specify:

Which of the following best describes the level of use your horse returned to after the most recent bout of laminitis?

- Same or higher level of use
- He/ she has dropped down a level
- He/ she still has laminitis and is out of work
- He/ she has another problem
- He/ she was put to sleep (euthanased)

Was laminitis diagnosed by a vet?
Have these possible underlying causes of laminitis been tested for by this vet?

<table>
<thead>
<tr>
<th>Has your horse been tested for this disease?</th>
<th>Yes and positive</th>
<th>Yes and negative</th>
<th>Yes but can't remember results</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Equine Metabolic syndrome (EMS)</td>
<td>✓</td>
<td>✓</td>
<td>❌</td>
<td>✓</td>
</tr>
<tr>
<td>Pars Pituitary Intermedia Dysfunction (PPID or Cushing's)</td>
<td>✓</td>
<td>✓</td>
<td>❌</td>
<td>✓</td>
</tr>
</tbody>
</table>

Which if any of the following drugs been given for treatment or control of laminitis? Please select all that apply.

- ✔ Bute (phenylbutazone) e.g. equipalazone
- ✔ Suzibuzone e.g. danilon
- ✔ Flunixin e.g. finadyne paste
- ✔ Meloxicam e.g metacam
- ✔ Metformin
- ✔ Pergolide e.g. prascend
- ✔ None of these

Which if any of the following options have you tried for managing weight in your horse or pony? Please select all that apply.

- ✔ Restricting grazing using a grazing muzzle
- ✔ Restricting grazing by stabling or increasing time spent indoors
- ✔ Restricting grazing by fencing off small areas or strip grazing
- ✔ Turn out into poorer quality grazing
- ✔ Avoiding grass turnout completely
- ✔ Soaking hay
- ✔ Using double haynets or small holed haynets
- ✔ Increasing exercise
- ✔ Cutting out treats
- ✔ None of these
- ✔ Other
If you selected Other, please specify:

How often does your farrier usually attend to your horse's feet?

- Every 4-6 weeks
- Every 7-8 weeks
- Every 9-12 weeks
- As required
- Only when my horse has a problem

Has your farrier performed corrective farriery for laminitis on this horse or pony?

- Yes
- No
Headshaking

Reminder- for the purposes of this survey **headshaking** is characterised by unexplained and uncontrollable movements of the head and neck that may affect the horse either at rest or during exercise.

Has your horse shown signs of headshaking?  *Required*

- Yes in the last year
- Yes more than a year ago
- Not since I have had him/ her
- My horse is no longer alive as a result of headshaking
Headshaking questions

In which month did headshaking first begin?

In which year did headshaking first begin?

How would you describe the onset of headshaking?
- Headshaking came on gradually
- Headshaking came on suddenly
- My horse or pony has been headshaking since I've owned him/her

At which times of the year does your horse tend to show signs of headshaking? *Indicate all that apply.*
- Spring (March, April, May)
- Summer (June, July, August)
- Autumn (September, October, November)
- Winter (December, January, February)
- Unknown (started less than a year ago)

Which weather conditions, if any, do you associate with headshaking in your horse? *Tick all that apply.*
- Sunshine
- Rain
- Wind
- Cold
- Heat
- Other

If you selected Other, please specify:
Which of these best describes your horse whilst headshaking? Tick all that apply.

- Vertical (up and down) head movements
- Horizontal (side to side) head movements
- Rotational (circular) head movements
- Acting as though an insect has flown up the nose
- Excessive rubbing of the muzzle
- Striking at the nose with the forelimbs
- Excessive and persistent snorting
- Low head carriage
- An anxious expression
- Submerges muzzle in water
- Other

If you selected Other, please specify:

Does your horse headshake at the following times?

<table>
<thead>
<tr>
<th>Head shaking seen</th>
<th>Yes</th>
<th>No</th>
<th>Don't know</th>
<th>Not applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>When lunged</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>When ridden</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>When turned out</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>In the stable</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

The following practical grading system has been devised to help classify the severity of headshaking.

Grade 0 - there is no headshaking.

Grade 1 - there is headshaking, only at exercise but sufficiently mild that the horse may be ridden.

Grade 2 - there is headshaking at exercise to a severity as to make ridden exercise unsafe or impossible.
Grade 3 - there is headshaking even at rest.

Based on the above grading system, please indicate the usual severity of headshaking under the following circumstances:

<table>
<thead>
<tr>
<th>Grade</th>
<th>During the day</th>
<th>At night</th>
<th>Indoors</th>
<th>Outdoors</th>
<th>Without a nose net</th>
<th>With a nose net</th>
<th>In open spaces</th>
<th>Next to hedgerow</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>1</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>2</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>3</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

Based on the above grading system, please indicate how severe your horse's headshaking usually is at the following times of the year:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Spring (March, April, May)</th>
<th>Summer (June, July, August)</th>
<th>Autumn (September, October, November)</th>
<th>Winter (December, January, February)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>1</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>2</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>3</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

Based on the above grading system, please grade how severe your horse's headshaking is, or has been, when at its worst.

- Grade 0
- Grade 1
- Grade 2
- Grade 3
Has your horse been seen by a vet for the complaint of headshaking?

- Yes
- No

If yes, which of the following tests were performed? *Select all that apply.*

- Dental examination
- Radiographs (x-rays) of the head
- Endoscopy of the head (camera up nose)
- Ophthalmologic (eye) examination
- Ear examination
- Computed tomography (CT) of the head
- Nerve blocking
- Other

If you selected Other, please specify:

Has a cause been diagnosed? If so, please tick the **main cause** from the list below or add other if unlisted.

- The cause remains unknown
- Dental disease
- Sinus problem
- Neck pain
- Ocular (eye) problem
- Problem associated with the guttural pouch(es)
- Allergy
- Trigeminal mediated (Idiopathic) headshaking
- Temperomandibular joint (jaw) pain
- Behavioural
- Other

If you selected Other, please specify:


Which, if any, of the following treatments were trialled?

- Eye mask
- Nosenet
- Phenylbutazone (bute)
- Steroids
- Antihistamines e.g. periactin, cyproheptadine, carbamazepine
- Gabapentin
- Surgery for placement of coils
- EquiPENS
- Other

If you selected Other, please specify:

Thinking about the effects of these treatments please grade the average severity of headshaking signs seen whilst on treatment. Grade for applicable treatments only. As a reminder the grading scheme is as follows:- Grade 0 - there is no headshaking. Grade 1 - there is headshaking only at exercise but sufficiently mild that the horse may be ridden. Grade 2 - there is headshaking at exercise to a severity as to make ridden exercise unsafe or impossible. Grade 3 - there is headshaking even at rest.

<table>
<thead>
<tr>
<th></th>
<th>Eye mask</th>
<th>Nosenet</th>
<th>Phenylbutazone (bute)</th>
<th>Steroids</th>
<th>Antihistamines</th>
<th>Gabapentin</th>
<th>Surgery for placement of coils</th>
<th>EquiPENS</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grade 0</td>
<td>✔️</td>
<td>✔️</td>
<td></td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Grade 1</td>
<td>✔️</td>
<td>✔️</td>
<td></td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Grade 2</td>
<td>✔️</td>
<td>✔️</td>
<td></td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Grade 3</td>
<td>✔️</td>
<td>✔️</td>
<td></td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
</tbody>
</table>
Sarcoids

Reminder- for the purposes of this survey sarcoids are fibroblastic tumours of the equine skin that have been diagnosed by a vet; either based upon appearance or biopsy results.

Has your horse ever had sarcoids?  ★ Required

- Yes, in the last year
- Yes, more than a year ago
- Not since I have had him/ her
- My horse/pony is no longer alive as a result of sarcoids
Sarcoid questions

What age was your horse when you first noticed a sarcoid or sarcoids?

[ ]

At what time of year did you first notice a sarcoid or sarcoids on your horse or pony?

[ ]

What colour is your horse?

- Grey
- Chestnut
- Bay
- Black
- Roan
- Palomino
- Skewbald
- Piebald
- Brown
- Dun
- Spotted
- Other

If you selected Other, please specify:

[ ]

Are you aware whether your horse has any relatives that also suffer from sarcoids? *Tick all that apply.*

- Unsure
- The dam (mother)
- The sire (father)
- Half brother
- Half sister
- Full brother
- Full sister

What is the distance to the closest cattle farm from where your horse is kept?

Please indicate which part of the body is, or has been affected. *Select as many options as apply.*

- Around or close to the eye
- Face (but not close to the eye)
- Ear
- Neck
- Sternum/ chest
- Girth
- Flank
- Sheath
- Mammary
- Axillary (armpit region of front leg)
- Inguinal (groin region)
- Upper limb (on or above the knee or hock)
- Lower limb (below the knee or hock)
- Other

If you selected Other, please specify:

Which of the following best applies to your horse? *Tick all that apply*

- My horse has sarcoids but these do not cause us a problem at present
- My horse has sarcoids and these are unsightly/ cause a cosmetic problem
- My horse has sarcoids and these interfere with where I want to put tack
- My horse has sarcoids and these are causing a problem through bleeding or ulceration
- My horse has sarcoids and I believe this will affect his or her resale value
Other

If you selected Other, please specify:

Have you had a vet examine your horse for sarcoids?

- Yes
- No

If yes, was a biopsy taken to confirm diagnosis?

- Yes
- No
- Don't know

Have any treatments been tried? If so please indicate response to treatment

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Not tried</th>
<th>Complete success</th>
<th>Some success</th>
<th>No improvement</th>
<th>Made things worse</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Traditional surgery</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
</tr>
<tr>
<td>Laser surgery</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
</tr>
<tr>
<td>Ligation (tying off or use of rubber bands)</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
</tr>
<tr>
<td>Cryotherapy (freezing)</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
</tr>
<tr>
<td>AW4-LUDES (Liverpool) cream</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
</tr>
<tr>
<td>Xterra cream</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
</tr>
<tr>
<td>Iridium wires</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
</tr>
<tr>
<td>High Dose Radiation (HDR) therapy</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
</tr>
<tr>
<td>Photodynamic therapy (PDT)</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
</tr>
<tr>
<td>Strontium therapy</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
</tr>
<tr>
<td>BCG vaccine</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
</tr>
</tbody>
</table>
Intra-lesional injection of chemotherapy e.g. mitomycin

Feel free to list any additional treatments not included in the list above, and response to treatment here.
**Final question**

How did you **first** hear about this survey?

- Through a friend
- Via an online equestrian forum
- Advertised in "Horse and Hound" magazine
- Advertised in "Your Horse" magazine
- Advertised in another magazine
- Via social media (facebook or twitter page)
- Other

If you have any brief comments regarding the survey that you would like to leave, please feel free to do so below.
Free prize draw

https://svs.onlinesurveys.ac.uk/prize-draw-details

Thank you for completing this survey. Your help is greatly appreciated. If you would like to be entered into a free draw for an iPad pro, follow the link above to enter your details.

Key for selection options

1.a.i - If your horse was sold or has died, how old was he/she when you last owned him/her?
   A foal 0-5 months of age
   A foal 6-11 months of age
   1 year of age
   2 years of age
   3 years of age
   4 years of age
   5 years of age
   6 years of age
   7 years of age
   8 years of age
   9 years of age
   10 years of age
   11 years of age
   12 years of age
   13 years of age
   14 years of age
   15 years of age
   16 years of age
   17 years of age
   18 years of age
   19 years of age
   20 years of age
   21 years of age or older

2 - How old is your horse this year?
   1 year
   2 years
   3 years
   4 years
   5 years
   6 years
   7 years
   8 years
   9 years
   10 years
   11 years
   12 years
   13 years
5 - **How old was the horse when you got him or her?**

Home bred
Less than 1 year
1 year
2 years
3 years
4 years
5 years
6 years
7 years
8 years
9 years
10 years
11 years
12 years
13 years
14 years
15 years
16 years
17 years
18 years
19 years
20 years
21 years or older

6 - **During what season of the year did you purchase this horse?**

Spring (March, April, May)
Summer (June, July, August)
Autumn (September, October, November)
Winter (December, January, February)
Don't remember
Not applicable (homebred)

7 - **Which UK region is this horse kept in for most of the year?**

Northern Ireland
Scotland
Wales
North East England
North West England
Yorkshire and the Humber
15 - In which month did your horse first have laminitis?
January
February
March
April
May
June
July
August
September
October
November
December
Don't know

16 - In which year did your horse first have laminitis?
2016
2015
2014
2013
2012
2011
2010
2009
2008
2007
2006
More than 10 years ago
Don't know

18 - What was your horse mainly used for before his or her laminitis? Select one box only.
Eventing (affiliated)
Show jumping (affiliated)
Dressage (affiliated)
Hacking
General riding/ unaffiliated competition
Hunting
Showing
Polo
Dressage
Racing (includes flat, national hunt and point to point)
Endurance
Breeding
Youngstock
Non- ridden companion
Other

26 - In which month did headshaking first begin?
January
February
March
April
May
June
July
August
September
October
November
December
Don't know

27 - In which year did headshaking first begin?
2016
2015
2014
2013
2012
2011
2010
2009
2008
2007
2006
More than 10 years ago

37 - What age was your horse when you first noticed a sarcoid or sarcoids?
Less than 1 year of age
1 year of age
2 years of age
3 years of age
4 years of age
5 years of age
6 years of age
7 years of age
8 years of age
9 years of age
10 years of age
11 years of age
12 years of age
13 years of age
14 years of age
15 years of age
16 years of age
17 years of age
18 years of age
19 years of age
20 years of age
21 years of age or older
At purchase

38 - At what time of year did you first notice a sarcoid or sarcoids on your horse or pony?
   Spring (March, April, May)
   Summer (June, July, August)
   Autumn (September, October, November)
   Winter (December, January, February)
   Can't remember
   Unsure - they were present when I bought him or her

41 - What is the distance to the closest cattle farm from where your horse is kept?
   My horse is kept on a cattle farm
   Less than 1 mile
   Between 1 and 5 miles
   Between 6 and 10 miles
   Greater than 10 miles
   Unsure